

BOTOX injections for vaginismus

How Does Botox For Vaginismus Work?

Botox works for vaginismus by relaxing the contracting vaginal muscles. The treatment usually takes place under local anaesthesia or sedation depending on the degree of vaginismus.

Botox injection is effective in 75% in 2-6 weeks and 90% by 8-12 weeks.

Usually only one Botox injection is necessary although Botox effect lasts around 4-6 months.

Botox injection has no adverse effect on fertility or vaginal delivery. However, it is not recommended to have Botox injection during pregnancy.

What to expect after Botox injection?

There are relatively fewer side effects associated with Botox injection. You may experience one or all of the following:

- Local pain and bruising at injection site
- Temporary urinary and/ faecal incontinence. It occurs in <1%.
- In rare cases, reaction to Botox injection and requires medical assessment and management.
- Worsening of pain. It occurs in <1% and usually in those with previous multiple surgeries.

Vaginal dilators post-surgery

Use of vaginal dilators is important part of recovery process otherwise recurrence of condition may occur. Approximately 10 days after the initial treatment, you can begin dilator use.

Follow up appointment will be arranged after the procedure.

For further information please contact our clinic.

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